

# ***Are you a Canadian Armed Forces Veteran living with a mental health condition?***

## **PARTICIPANT RECRUITMENT**

We are seeking participants (veterans, spouses or adult children from the same family) who speak French or English for a research study investigating equine-assisted therapies specializing in veterans' mental health conditions. The purpose of this qualitative study is to better understand the potential impact, effectiveness and safety of equine-assisted therapy for veterans living with mental health conditions and their families.

Participation in this research project involves responding to a socio-demographic questionnaire, participating in an equine-assisted therapy program (for veterans and possibly for their spouse or adult children) and completing a semi-structured interview.

You must live within a reasonable driving distance of one of the following municipalities:

Rocky Mountain (Alberta); Quesnel (British Columbia); Kars (Ontario); Terrebonne (Quebec); or Alexandra (Prince Edward Island).

If you are interested in participating or would like more information, visit [www.daveblackburn.net/projet4-eat](http://www.daveblackburn.net/projet4-eat) or please contact:

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